

PLEASE JOIN US!

Crunch Lunch: A Fun, Concentrated, Rapid-fire Lunch & Learn Experience!



When: Thursday, December 4th
Time: Noon to 1:30pm
Where: Novell Cafeteria, Mountain View Room
Cost: Free

RSVP: <http://utahvalleybusinessblog.com/events/crunch-lunch-rsvp/>

Ten presenters spend five minutes each in a rapid-fire presentation of concentrated business advice, tips, and ideas. Ten great business topics that move so fast you won't have time to get bored. And, we conduct a drawing between each presentation for a variety of impressive gifts!

Don't blink, and bring a pencil. Each presenter has exactly five minutes to present using 20 slides. Slides automatically advance every 15 seconds. This exciting format assures a high concentration of business advice in a single lunchtime.

Presenters are highly informative, educational, and relevant. Presenters are not allowed to pitch themselves (until the final slide), and you'll walk away with a brainstorm of information. You're welcomed to stay after the event to mingle and ask questions.

Crunch Lunch is an entertaining, fast-paced, informational event. The event is free, but your lunch isn't. Grab lunch in the adjacent, well-stocked Novell Cafeteria and bring it in to the presentations.

Presentations:

1. *Accounting Strategies* (Kent Thomas, Utah CFO)
2. *Wellness in the Workplace* (Rich Hart, Elevate)
3. *Women in Business* (Kelly Anderson, Startup Princess)
4. *Brand and Messaging Strategies* (Jack Hadley, ClarityWorx)
5. *Business Banking* (Fred Bernhardt, Zions Bank)
6. *Public Relations Strategies* (John Pilmer, PilmerPR)
7. *Search Engine Optimization* (Bryan Phelps, Orange Soda)
8. *Social Media Marketing* (Cary Snowden, Social Hat)
9. *Preparing for Investors* (Brock Blake, Funding Universe)
10. *Personal Success* (Kip Kint, Mission Ignition)

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"Crunch Lunch™" is a production of
Social Hat, a social media consultancy.



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